

## CHOOSE YOUR PATH: CAREER DEVELOPMENT WORKSHOP PILOT

**Workshop: Monday, 16 May from 8.45am to 12.30pm, Shortland Building, Callaghan followed by One-on-One Coaching Sessions**

### Objective

- To provide general staff with the opportunity to undertake career planning
- To encourage general staff to consider where they are in their current careers, where they want to be and what they need to do to achieve their career goals
- To encourage general staff to identify suitable and realistic career pathways
- To encourage general staff to consider what skills development they require
- To encourage general staff to consider how they can weave their career goals into their Performance Development Framework (formerly Managing for Performance)
- To provide general staff with the tools to engage in meaningful conversations about their careers

### Content

**Workshop Details:** Three identical workshops (3.5 hours duration from 9.00am to 12.30pm) run simultaneously with a capacity for up to 18 participants at each workshop totalling a possible 54 participants. Presenters of the workshops are: Julie Olive, Jenny Postlethwaite and Peter Kingston.

**Workshop Venues:** Please meet at the Treehouse to be directed to either the Lambert Lounge or Michael Nelson Room or to remain in the Treehouse. Lunch will be available at 12.30pm in the Treehouse.

### Workshop Content:

- Defining career planning
- Contextualising career planning to the University of Newcastle landscape
- Story telling and exploring options
- Goal setting
- Challenging your perceptions
- Overcoming obstacles to your career progression
- Innovation and change applied in a career planning context

**One-on-One Coaching Sessions** will be conducted following the workshop. Please select either the afternoon of 16 May or morning or afternoon on 17 May. Participation in the coaching sessions is contingent upon attendance at the workshop. Please register via HRonline for Choose Your Path: One on One Coaching Session (see Course Number: 01255).

### Summary

As part of the University's overall Performance and Career Development Pathways program a half day workshop followed by one on one coaching sessions will be offered to general staff. To align with National Career Development Week these activities will be held on Monday, 16 May and Tuesday, 17 May. The workshop and coaching sessions will be supported in the following months by a half day skills based workshop on resume, cover letter and selection criteria preparation and interview techniques. It is proposed that this skills workshop be offered once every six weeks depending on demand. The above initiatives will fall within the 'Choose Your Path' pilot.