



Factsheet No. 1

NDCO Newcastle-Hunter
www.newcastle.edu.au/ndco

Planning Life After School - Where Do I Start?

What do I do after school....? Would you believe that it's not too early to start thinking about this when you're in Year 9! Check out the *Pathways Factsheet* to give you a bit of an idea of what's out there – that way you can start planning and thinking about what you'd really like to do.

Speaking to People

We're really lucky in our Region to have lots of activities and resources that we can link into when trying to make decisions about what to do after school. As well as speaking with teachers and family, every year in all parts of our Region we have School Leaver Expos that you and your family, teachers, careers advisers, and other staff can come along to and meet up with providers who offer a whole range of services and pathway information - schedule at www.newcastle.edu.au/ndco/regionalactivities.html.

School Leavers Directory

The Directory produced by the NDCO Newcastle-Hunter has all the information you need as well, but if you are unsure about which sections you should be checking out, you should talk to your teacher, Careers Adviser, discuss it at a Transition Planning meeting, or ring any of the staff listed throughout the Directory. (The *10 Ways to Get Your Career on Track* on page 10 also has lots of useful tips).

Each section has a diagram on the steps you can take to follow a particular pathway - we hope this makes it a little easier to see the whole picture! To download the Directory go to your regional NDCO website at www.newcastle.edu.au/ndco.

Websites

There are lots of websites listed in the Directory which are really useful...take time to check them out. If you don't have regular access to a computer, try the facilities at your school, and even your local library to see what they can offer.



Email Lists

Our Region also has an email list for leaving students. It's run by the NDCO Newcastle-Hunter for students who are completing their school, TAFE, or University studies and "moving on" to the next stage of their lives, and who have a disability or ongoing medical condition.

The great thing about signing up for *MovingOn* is that you're able to stay connected to a supportive network after you leave your studies and link to reliable information when you need it! You can stay connected for as long as you like. Contact the NDCO to subscribe on 4921 8844, or email kay.dean@newcastle.edu.au

For Staff

Along with the resources on the NDCO website, link above, we also have an email list for regional staff, *DEN-list*, which has around 400 colleagues subscribed. We use this list to circulate information about training, resources, what expos or activities are coming up for you and students to attend, to ask questions, and more. Contact the NDCO to subscribe on 4921 8844, or email kay.dean@newcastle.edu.au. You should also have a look at the School Leavers Directory. DET Support Teachers (Transition) and the NDCO circulate copies to schools every two years, or you can download from the link above.