

Australian Journal of Educational & Developmental Psychology (AJEDP)

Volume 9 2009

Reckless behaviour and sexual practices of emerging adult women

Ronald L. Mullis
Florida State University, USA

Lucy H. Byno
Florida State University, USA

Michael Shriner
Indiana State University, USA

Ann K. Mullis
Florida State University, USA

Abstract

Relations between reckless behaviour and sexual practices of emerging adult women (ages 18-25) within a social cognitive theoretical perspective were examined. In addition, relations between self esteem, sexual attitudes and sexual behaviour were also examined. The Sexual Experience Inventory, Rosenberg Self-Esteem Scale, Hendrick Sexual Attitude Scale, and the Reckless Behaviour Questionnaire were administered to 364 undergraduate college women with a mean age of 19.8 years. With implications for further research and health education, findings indicated that emerging adult women engaged in a broad range of sexual behaviour that was predicted by the level of their reckless behaviour and sexual attitudes including sexual practices and permissiveness.

[Link to full text paper pdf \(309KB\)](#)

Uploaded: 1 April 2009
